

COVID-19 Preparedness Plan for Hallett Center of Crosby NLYHA and Lightening High School Hockey

The Hallett Center of Crosby (HCC) is committed to providing a safe and healthy environment for all workers and participants. To ensure that, we have developed the following Preparedness Plan in response to the COVID-19 pandemic. All associates are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our programs, and that requires full cooperation among workers, management and participants. Only through this cooperative effort can we establish and maintain a safe and healthy space for the Hallett Center's program participants and workers.

Our Preparedness Plan follows Centers for Disease Control and Prevention (CDC) guidelines, Minnesota Department of Health (MDH) guidelines and federal OSHA standards related to COVID-19 and addresses:

- hygiene and respiratory etiquette;
- engineering and administrative controls for social distancing;
- housekeeping – cleaning, disinfecting and decontamination;
- prompt identification and isolation of sick persons;
- communications and training that will be provided to managers and workers; and
- management and supervision necessary to ensure effective implementation of the plan.

Screening and policies for participants

The Northern Lakes Youth Hockey Association and Lightening High School teams are encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are recommended to assess participants' health status prior to the start of activity each day and for participants to report when they are sick or experiencing symptoms. The Hallett Center will not be responsible for conducting participant, coaches, refs or spectator screenings.

TEMPERATURE SCREENING

It is recommended that all participants and coaches have their body temperature taken prior to the start of each practice. All HCC associates will take their temperature prior to the start of their shift adhering to the guidelines stated in the Hallett Center of Crosby Preparedness Plan.

- If a temperature is above 100.4 °F, it is not recommended to participate in the scheduled activity
- It is recommended that the person isolate until they can vacate the facility and encouraged to go home and get appropriate medical care

REPORTING

Participants are asked to stay at home when they are sick, when household members are sick, or when required by a health care provider to isolate or quarantine themselves or a member of their household. HCC asks that users inform the staff if they have been exposed to a person with COVID-19.

CONFIRMED CASE

If HCC is informed of a confirmed positive COVID-19 case of one of our staff, members or participants:

- Disinfecting must be performed as soon after the confirmation of a positive test as practical.
- The business may shut down for a period of at least 72 consecutive hours to allow for natural deactivation of the virus, followed by site personnel performing a comprehensive disinfection of all common surfaces.
- CDC protocols can be found online at: <https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html> and <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

Handwashing

Basic infection prevention measures are being implemented at our workplaces at all times. Workers are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially at the beginning and end of their shift, prior to any mealtimes and after using the toilet. All hockey participants, coaches, refs and spectators are encouraged to wash their hands immediately upon arrival, prior to eating and after using the toilet. The Hallett Center will have hand-sanitizer dispensers (that use sanitizers of greater than 60% alcohol) that can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled.

Respiratory etiquette: Cover your cough or sneeze

Workers and participants are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in the trash and wash or sanitize their hands immediately afterward. Respiratory etiquette will be supported by making tissues and trash receptacles available to all workers and participants.

MASKS

Masks are to be worn by all participants, coaches, refs and spectators upon entering the building and traveling through the Hallett Center hallways, bathrooms and locker rooms.

HCC associates will be required to wear a mask upon entering the facility and for the duration of their shift.

- A “face covering” must be worn to cover the nose and mouth completely, and can include a paper or disposable face mask, a cloth face mask, a scarf, a bandanna, a neck gaiter, or a religious face covering. Masks that incorporate a valve designed to facilitate easy exhaling, mesh masks, or masks with openings, holes, visible gaps in the design or material, or vents are not sufficient face coverings because they allow exhaled droplets to be released into the air.
- The following individuals are exempt from face covering requirements: a. Individuals with a medical condition, mental health condition, or disability that makes it unreasonable for the individual to maintain a face covering. This includes, but is not limited to, individuals who have a medical condition that compromises their ability to breathe, and individuals who are unconscious, incapacitated, or otherwise unable to remove a face covering without assistance. These individuals should consider using

alternatives to face coverings, including clear face shields, and staying at home as much as possible. b. Children who are five years old and under. Those who are under two-years old should never wear a face covering due to the risk of suffocation.

- Participants present indoors may temporarily remove face coverings in the following situations, provided that social distancing is maintained to the extent possible: a. when engaged in physical activity or sporting events where the level of exertion makes wearing a face covering difficult or impracticable. b. When eating or drinking.

Social distancing

Social distancing is being implemented throughout the facility following engineering and administrative controls. No more than two groups of 25 persons are allowed on the ice at a time. Teams will be assigned to a locker room and social distancing protocols of maintaining a 3-foot radius around each participant, resulting in a six-foot total distance between any two people will be implemented whenever possible. No more than 25% of capacity (seven people) will be allowed in the Group Fitness Room at a time. Physical markings will help designate spacing and HCC employees will assist in giving verbal instructions.

Coaches or locker room monitors are responsible for instructing participants on proper distancing practices. Physical markings will help designate spacing and coaches are to be giving verbal instructions throughout each activity. Spectators, if allowed, must follow 6ft social distancing and wear a mask. No more than one spectator per player will be allowed at a maximum of 50 people. Participants and spectators are not permitted to congregate in the foyer, they are to vacate the facility as quickly as possible while maintaining 6 feet of social distancing.

Every effort will be made by HCC staff to refrain from intermixing groups in locker rooms and transition times. If coaches determine that intermixing is absolutely necessary, coaches will be responsible for keeping records of all staff, volunteers, and participants that intermix. A 15 minute transition time will take place between different user groups to help minimize intermixing. When practical, players are asked to come dressed to minimize the use in the locker rooms.

Housekeeping

Regular housekeeping practices are being implemented, including routine cleaning and disinfecting of shared equipment. Arena staff will designate a bin or area for clean supplies and used supplies. All community supplies will be cleaned and disinfected by HCC staff frequently. Frequent cleaning and disinfecting will be conducted in high-touch areas, such benches, locker rooms, pucks and training equipment. Cleaning will be conducted between uses by different groups. HCC will provide cleaning supplies and written instructions to arena staff and will be kept in their staff binder.

It is strongly recommended that participant's personal items (i.e. food, drinks, equipment, and clothing) are kept separated and not shared. Participants are encouraged to bring their own water bottles and are not permitted to leave hockey gear in the locker rooms. Personal items left at the facility may be discarded.

Communications and training

This Preparedness Plan will be communicated to the user groups as well as all arena workers. The necessary training will be provided to associates before the first day of practice. Additional communication and training will be ongoing through verbal and written communication and provided to all workers who did not receive the initial training. The Hallett Center of Crosby's full Preparedness Plan will be available at the service desk. Managers are to monitor how effective the program has been implemented by the end of the first week of practice. Management and workers are to work through this new program together and update the training as necessary. This Preparedness Plan has been certified by the City of Crosby City Council and will be on file in the arena staff binder. It will be updated as necessary.

Written by:

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