

Hallett Center of Crosby

www.hallettcenter.com

March 2020

218.546.2616



Monday - Friday 5am—9pm Saturday 7am—7pm Sunday 11am—7pm

Crock-pot Cookoff

April 8th

11am—1pm

Join the party at this years crock-pot cookoff. Anyone can enter with their favorite soup or you can just come to enjoy lunch.

\$4 adults and \$2 youth

\$1 pop or water

Soup entries are \$25 and includes two bowls for sampling. Prizes are awarded for favorite soups and booth.

All proceeds go towards supporting Hallett Center programing.

Contact Bailey at bswensen@hallettcenter.com with questions.

Swim Lessons

March 3, 5, 10, 12, 17, 19

Tuesdays and Thursdays

The pools will be closed for swim lessons from 4pm -7pm.

The sauna will remain available.

Ice Out

Last day for skating will be March 1st.

Grocery Store Tour

March 16, 2020

\$5 Members—\$10 Nonmembers

Join Bailey, a certified nutrition coach, for a stroll around the grocery store. Learn about reading nutrition labels, healthier substitutes and some inspiration to spice up your meals.

Contact Bailey at bswensen@hallettcenter.com or call 218.546.2616 to reserve your spot.

Fitness Classes

Did you hear?!?

ALL fitness classes are **INCLUDED** in your membership!

Check out this months Group Fitness calendar to see what is being offered. It's a great way to mix up your workouts and move your body in a different way.

What's your favorite?

Cycle

Strength

Cardio

Circuit

EVERYTHING

Waterslide

The waterslide will be open on Sundays from 1-3pm and during early dismissal days from 1-3pm