

Hallett Center of Crosby

www.hallettcenter.com

February 2020

218.546.2616



Monday - Friday 5am—9pm Saturday 7am—7pm Sunday 11am—7pm

Friends and Family

February 9-15

Crosby residents are free all week with their photo ID and a copy of their utility bill.

Members can bring one friend or family member in free each day regardless of where the guest lives.

Membership and training specials to be announced.

Rate Increase

In order to continue to deliver positive results, we will be increasing our rates February 1, 2020 to ensure that we can continue to provide exceptional service. You will notice the increase on your February 5th EFT draw.

ALL classes are now included in the membership rate. Prime Passes will no longer be available. Please review our policies and procedures on our class schedules for class sign-ups. Contact bswensen@hallettcenter.com with questions about fitness classes.

Healthy Food Healthy Gut

February 5th 8:45am-9:45am

Sick and tired of being sick and tired? This free class will discuss healthy food options to help improve gut health which in turn improves overall health. No registration required.

Class Policies

For daytime classes, sign up is not required ahead of time but we do ask that you sign in each day to each class. Sign-in sheets are kept at the Front Desk near where you check in, please ask Front Desk Staff for assistance.

Premier Classes (early morning or evening, denoted with a * on the class schedule) are strongly recommended to sign up ahead of time as they have limited space. You are welcome to show up at the start time of class and participate if there is space, but we cannot guarantee you will get in. You may only sign yourself or your spouse up for a class.

Silver&Fit Members

If you have not spoken with a Front Desk staff to that confirm your eligibility remains in the program, please stop by the Front Desk to do so.

Ice Out

Last day for skating will be March 1st.