

Hallett Center of Crosby

www.hallettcenter.com

August 2017

218.546.2616



Upcoming Youth Programs



Soccer begins September 12th
Tuesdays and Saturdays
\$40 for member / \$50 for non

Fall Swim Lessons begin October 10th
Levels 1, 2, and 3 on Tuesday
Levels 4, 5, and 6 on Thursday
Parent Tot on Saturday
\$40 for member / \$50 for non



Mommy and Me Series
Saturdays starting October 14th
\$40 for member / \$50 for non

Stop by the front desk to register starting August 21st. Call 218.546.2616 or email Bailey at bswensen@hallettcenter.com with questions.

KettleBells



Wondering what's all the buzz about kettlebells? Join Bailey for a fun introduction to this total body workout. Learn what is unique about kettlebells and how to properly use them all while getting a good workout!

August 7th 6:00pm

Free - Prime, \$5 - Classic, Non-Members - guest fee
RSVP to bswensen@hallettcenter.com

Membership Audit Update

We have completed the membership audit. You may have received a letter regarding your account. Stop by or call Amber with any questions. Notice the policies newsletter, further communication will be provided on an individual basis.

New Updates

We are super excited to announce that plans are in the works to revitalize the Hallett Center! There will be new equipment in the Fitness Center, new programs and fitness classes, and updated membership options. Stay tuned for more information!

End of Summer Bash!

Friday August 25th 5-7:30pm

Waterslide, Games, and Bounce House available
Daily fees apply

Turbo Kick

July's class was a hit! Carly is back for another action packed, high intensity mix of kickboxing and body weight exercises!

August 16th 5:30pm

Free - Prime, \$5 - Classic
Non-Members - daily user fee

RSVP to
bswensen@hallettcenter.com



Conditioning with Hayden Zillmer

Total Body Conditioning with the World Class
Wrestler Hayden Zillmer!

Monday August 14th

Beginner/Family Friendly Workout at 6:00pm
Intermediate Workout at 7:00pm

\$15/per person

Register at the Hallett Center. Call 218.546.2616 or email Bailey at bswensen@hallettcenter.com with questions.